

D 50706

(Pages : 2)

Name.....

Reg. No.....

FIFTH SEMESTER (CBCSS-UG) DEGREE EXAMINATION, NOVEMBER 2023

Psychology

PSY 5B 04—PSYCHOLOGICAL COUNSELLING

(2019 Admission onwards)

Time : Two Hours

Maximum : 60 Marks

Section A*Answer all questions.**Answer in two or three sentences.**Each question carries 2 marks.**There shall be ceiling of 20 marks in this section.*

1. Carl Rogers.
2. Mental Health.
3. Stigma.
4. Self-Awareness.
5. Transference.
6. Rapport.
7. Active listening.
8. Counselling ethics.
9. Client competence.
10. Relapse.
11. First interview.
12. Paraphrasing.

(Ceiling 20 marks)

Section B*Answer all questions.**Answer in a paragraph of about half a page to one page.**Each question carries 5 marks.**There shall be ceiling of 30 marks in this section.*

13. Core conditions of counseling.
14. Terminating skills.
15. Goal setting.

Turn over

16. College counselling.
17. How to ask open questions.
18. Premarital counselling.
19. SOLER method.

(Ceiling 30 marks)

Section C

Essay type questions.

*Answer any **one** of the following.
The question carries 10 marks.*

20. Summarize various approaches of counselling
21. Bring out the essentialities of psycho-analytic counselling.

(1 × 10 = 10 marks)