

D 30598

(Pages : 2)

Name.....

Reg. No.....

**FIFTH SEMESTER (CBCSS-UG) DEGREE EXAMINATION
NOVEMBER 2022**

Psychology

PSY 5B 04—PSYCHOLOGICAL COUNSELLING

(2019 Admission onwards)

Time : Two Hours

Maximum : 60 Marks

Section A*Answer all questions.**Answer in two or three sentences.**Each question carries 2 marks.**There shall be ceiling of 20 marks in this section.*

1. Empathy.
2. Genuineness.
3. Informed consent.
4. Acculturation.
5. Dream.
6. Therapeutic relationship.
7. Defense mechanism.
8. Counselling Ethics.
9. Tone of voice.
10. Silence.
11. Psychotherapy.
12. Summarizing.

(Ceiling 20 marks)

Turn over

Section B

Answer all questions.

*Answer in a paragraph of about **half a page to one page**.*

Each question carries 5 marks.

There shall be ceiling of 30 marks in this section.

13. Structuring technique.
14. Divergent thinking.
15. Career counselling.
16. Core conditions of counselling.
17. SOLER method.
18. Role playing.
19. Cultural variables.

(Ceiling 30 marks)

Section C (Essay Type Questions)

*Answer any **one** of the following.*

Each question carries 10 marks.

20. How to conduct cognitive counselling ?
21. Bring out the essentialities of behavioral counselling.

(1 × 10 = 10 marks)