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(Pages : 2)

Name.....

Reg. No.....

FIFTH SEMESTER (CBCSS-UG) DEGREE EXAMINATION, NOVEMBER 2024

Psychology

PSY 5B 05—HEALTH PSYCHOLOGY

(2019 Admission onwards)

Time : Two Hours

Maximum : 60 Marks

Section A*Answer all questions.**Answer in two or three sentences.**Each question carries 2 marks.**There shall be ceiling of 20 marks in this section.*

1. Define health psychology.
2. Health behaviour.
3. Stress.
4. Coping.
5. Terminal illness.
6. Mind-body relationship.
7. Primary prevention.
8. Flight-flight response.
9. Tend- befriend.
10. Stressor.
11. Perceived severity.
12. Psychological appraisal.

(Ceiling 20 marks)

Section B*Answer all questions.**Answer in a paragraph of about half a page to one page.**Each question carries 5 marks.**There shall be ceiling of 30 marks in this section.*

13. Explain the need and significance of health psychology.
14. Discuss on psychological management of terminal illness.

Turn over

15. Explain the health belief model.
16. Detail on models of prevention.
17. Discuss how attitude change is related to changing health habits.
18. Explain Selye's General Adaption Syndrome.
19. Discuss the management of terminal illness in children.

(Ceiling 30 marks)

Section C

*Answer any **one** of the following.*

The question carries 10 marks.

20. Compare and contrast biopsychosocial model and biomedical model.
21. Elaborate on psychosocial issues related to chronic illness.

(1 × 10 = 10 marks)