

C 40648

Name.....

Reg. No.....

SIXTH SEMESTER U.G. DEGREE EXAMINATION, MARCH 2023

(CBCSS)

Psychology

PSY 6B 05(03)—POSITIVE PSYCHOLOGY

(2019 Admission onwards)

Time : Two Hours

Maximum Marks : 60

Section A (Short Answer Type Questions)

*Answer all questions.
Each question carries 2 marks.*

- | | |
|--------------------------|-----------------|
| 1. Extrinsic Motivation. | 2. Mindfulness. |
| 3. Social wellbeing. | 4. Kinship. |
| 5. Bliss. | 6. Ebullience. |
| 7. Positive Psychology. | 8. Repression. |
| 9. Signature strength. | 10. Longevity. |
| 11. Serenity. | 12. Trust. |

(Ceiling marks = 20 marks)

Section B (Paragraph Type Questions)

*Answer all questions.
Each question carries 5 marks.*

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|-----------------------------------|-------------------------------------|
| 13. Optimistic explanatory style. | 14. The Time Horizon Questionnaire. |
| 15. Circumplex model of emotions. | 16. Marital status and happiness. |
| 17. Recreation and happiness. | 18. Dispositional optimism. |
| 19. Negative social comparison. | |

(Ceiling marks = 30 marks)

Section C (Essay Type Question)

*Answer any one question.
The question carries 10 marks.*

20. Bring out environmental factors which constitute happiness.
21. What is self-determination continuum ?

(1 × 10 = 10 marks)